

# Fatigue Management & WINGS

An interactive discussion of fatigue and sleep management including the effects of diet and drugs on the human body and how they relate to those in aviation, both flying (pilots) and non-flying (technicians) - followed by a review of the WINGS program.

**Directions:** Southaven Parks and Recreation Building  
DeSoto Squadron Civil Air Patrol meeting room

## A message from the National FAASTeam Manager

Over 10,150 AMTs earned an AMT Award last year. Will you, this year?

Sign up for the FAA's safety services at [www.FAASafety.gov](http://www.FAASafety.gov)!

## Event Details

**Thu, Aug 16, 2012 - 7:00 pm**  
**BancorpSouth Sports Center at**  
**Snowden Grove Park**  
3335 Pine Tar Alley  
Southaven, MS 38671



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